

For our Female athletes:

## **Want to be part of a clinic coached by Olympians, US Sailing Team athletes, college coaches, and other top coaches?**

This summer, US Sailing is proud to offer a series of seven regional Junior Women's Clinics open to ILCA 4 (4.7), ILCA 6 (Radial), Club 420, and 29er classes. This unique series provides junior sailors with a chance to learn from some of the world's best sailors in an all-female environment and foster friendships for a lifetime. Registration deadlines are approaching quickly, so secure your spot today!

[Register Now](#)

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Due to the COVID-19 Pandemic, the U.S. Junior Women's Singlehanded Championship for the Leiter Trophy and the U.S. Junior Women's Doublehanded Championships for the Ida Lewis Trophy will not be contested in 2021. In place of these national championships, US Sailing is proud to offer a series of seven regional junior women's clinics.

This unique, all girls regional clinic series provides junior sailors with a chance to build their skills in an all-female environment and foster friendships for a lifetime! The three-day clinic will be comprised of group presentations, on the water drills and practice racing. US Sailing Coaches are provided to lead training and coach all competitors to enhance the experience, sailing skills, and competitive sportsmanship of the group. No private coaching is allowed.

- Type of Event: Open
- Fleets: ILCA 4 (4.7), ILCA 6 (Radial), Club 420 (with trapeze and spinnaker) and 29er.
- Competitors must have reached their 13th birthday but not their 19th in calendar year, and be eligible to compete per the Notice of Clinic.
- Sailors may only attend the clinic in the region of their permanent address. This clinic series is made possible by the generous support of the [C. Thomas Clagett Trust](#)

